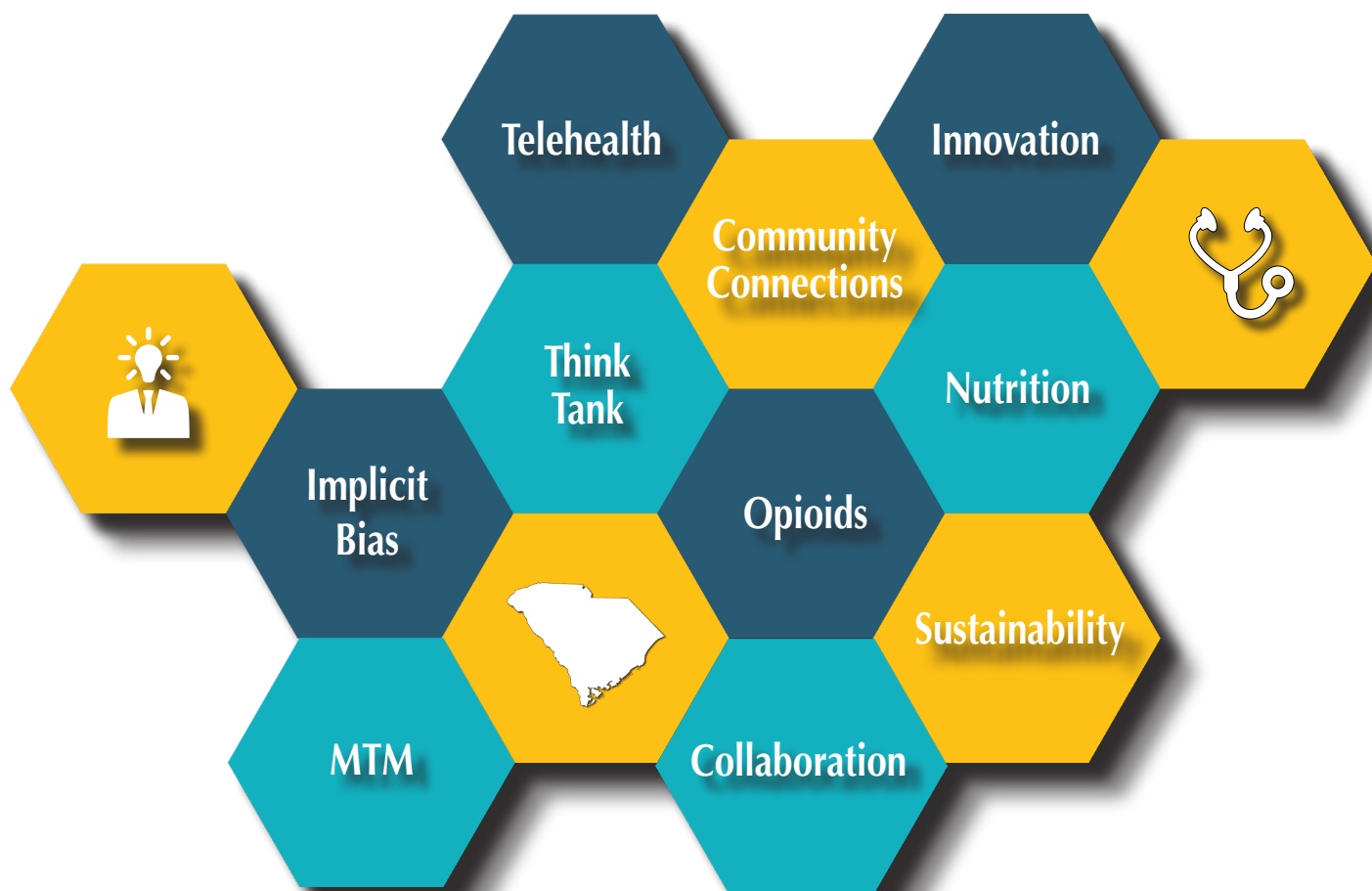
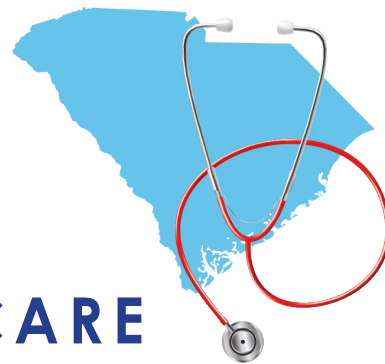


# 17th Annual Chronic Disease Prevention Symposium

**INNOVATION IN ACTION:  
BUILDING BLOCKS FOR  
COMPREHENSIVE CHRONIC CARE**



**March 8-9, 2019**

**Sheraton Myrtle Beach Convention Center Hotel**



## Statement of Purpose

To address building care coordination models to prevent and control chronic disease and eliminate health disparities.

## CDC Disclosure

Funding for this conference was made possible [in part] by [1NU58DP006533 and 1NU58DP006616] from the Centers for Disease Control and Prevention (CDC). The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

## American With Disabilities Act

It is the policy of the South Carolina Department of Health and Environmental Control not to discriminate against persons based on disabilities. If you feel you need assistance to fully participate in this continuing education activity, notify the conference registration desk.

## Sponsoring Organizations

The Chronic Disease Prevention Symposium is presented by the South Carolina Department of Health and Environmental Control, the South Carolina Medical Association, the Diabetes Today Advisory Council and the South University School of Pharmacy.

## Symposium Materials

Speaker presentations are available at [chronicdiseasesymposium.org](http://chronicdiseasesymposium.org). Updated presentations will be available after the symposium on the same site.



## Continuing Education Credit Designations

### Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the SC Medical Association and the SC Department of Health and Environmental Control. The SC Medical Association is accredited by the ACCME to provide continuing medical education for physicians. The SC Medical Association designates this “live activity” for a maximum of 8.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. The CME Committee approved for .50 Controlled Substance Training (CST) credit for the session titled – *Staying Compliant with DEA Regulation: Procedures for Handling Controlled Substance*.

### Nurses

Eight (8) nursing contact hours will be awarded.

### Registered Dietitians

This program provides a total of nine (8) contact hours.

### Social Workers

South Carolina Department of Health and Environmental Control is approved by the South Carolina Board of Social Work Examiners to provide continuing education contact hours for social workers. This activity is approved for general contact hours for social workers.

### Certified Education Specialists (CHES/MCHES)

This program provides a total of 8.0 CHES Category I CECH and 7.0 MCHES Category I CECH.

### Pharmacists

The South University School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE as a provider of Continuing Pharmacy Education). An application has been made for CEU hours. Attendance must be acknowledged at the registration desk upon arrival each day. Instructions will be provided on how to evaluate the program online and then print the CE statement. A complete list of learning objectives and ACPE numbers will be provided in the handout material. A certificate will be provided at the completion of the program evaluation.



# Symposium Session Objectives

## **Hope, Fear & the Secret Life of Bees**

During this interactive session, participants will explore why they are in the health care field. They will exchange professional experience and provide practical advice with colleagues. Participants should leave the session with a renewed sense of the potential impact they can have on their patients and peers.

## **Innovation in Action: Taking a Team Based Approach to Implementing Hypertension Guidelines**

Participants in this session will be able to describe the excess burden of risk to the population in the Southeast due to hypertension and diabetes. This session will focus on the risk and evidence-based approach for target blood pressure treatment levels and management, and prevention strategies for the southeastern United States.

## **The Foundation: Implementing the 2019 Standards of Medical Care in Diabetes**

This session will provide an overview of the 2019 Standards of Medical Care in Diabetes. Participants will understand the importance of ongoing patient self-management education in preventing and reducing diabetes related long-term complications.

## **Hypertension and Chronic Disease Prevention**

This session will highlight the risk factors and recommendations for key treatable risk factor for cardiovascular disease. It will focus on reporting on understudied subpopulations and how participants can improve awareness, treatment, and control of hypertension.

## **The Cinder Block: Implicit Bias**

At the end of this session, participants will be able to define implicit bias and its influence on health care treatment and diagnosis. Tools will be shared to assess implicit bias in the health care setting.

## **The Mortar: Improving Patient Outcomes Through Quality Improvement - A Case Study**

This session will help healthcare providers and healthcare facilities implement the evidence-based diabetes guidelines to improve the delivery of effective preventive health care services and promote preventive behaviors to prevent diabetes, its complications and disabilities, and the burden associated with the disease.

## **Innovative Approaches to Making Community Clinical Linkages Work**

This session focuses on the importance of clinical/community partnerships in improving health outcomes. Results from a local National Diabetes Prevention Program will be used to demonstrate how partnerships are developed and result in success.

## **Innovation in Action: Telehealth Think Tank**

This interactive session will focus on the role of telehealth in supporting chronic disease management programs. Participants will be able to identify promising practices for implementing telehealth in South Carolina. Additionally, participants will explore solutions to potential challenges associated with using telehealth as a mode for implementing DSMES and the National Diabetes Prevention Program.

## **The Stumbling Block: Health Literacy**

This session will explore the relationship between health literacy and health equity. Research-based approaches to addressing disparities through language and literacy at the local and systems levels will be discussed and shared. Participants will learn how they can make modest changes that will have impact individual and collective health outcomes.

## **Nutrition: A Building Block for Chronic Disease Prevention**

This session will focus on the importance of incorporating evidence-based and realistic nutrition practice in health care settings. Participant will learn practical nutrition interventions that can be used to prevent and or manage chronic disease.

## **National Diabetes Prevention Program (NDPP) Demonstration Project: Increasing Clinical Referrals**

This session will focus on the YMCA and the CDC initiative to increase physician screening, testing and referral project. Additionally, the presenters will share how the American Medical Association improved physical referrals into provider-based diabetes prevention programs (DPPs), national organization with community-level DPPs, and independent community-based DPPs. Participants will learn how to implement approaches that align with the AMA Improving Health Outcomes Initiative in preventing type 2 diabetes and improving outcomes for those with this treatable condition.

# Symposium Session Objectives (con't)

## **Procedures for Handling Controlled Substances**

By the end of the session, participants will be able to identify the role of the Drug Enforcement Agency related to practitioners and pharmacies and detect various methods of drug diversion. Additionally, they will learn how to ensure controlled substances prescribed/dispensed to patients are for legitimate need and appropriately documented; and how to document all controlled substance transactions appropriately. Participants will be able to explain DEA due diligence and review DEA actions for non-compliance.

## **Sickle Cell Disease: Old Discoveries, New Concepts and Future Promise**

The presenters in this session will provide a historical overview of Sickle Cell disease and highlight some of the “game changing” and emerging interventions to improve patient outcomes. Participants will learn about emerging therapies and the need for renewed focus on adults with Sickle Cell disease.

## **Making It Work: Chronic Health Conditions and the State Health Improvement Plan**

By the end of the session, participants will be able to align goals and strategies outlined in the Chronic Conditions priority area of the SC State Health Improvement Plan with state and local initiatives aimed at reducing chronic health conditions.

## **Innovation in Action: Integrating Pharmacists into Primary Care Think Tank**

Participants in this interactive session will learn about and discuss the Hybrid Model of Care in primary health care settings for the management of high blood pressure, high cholesterol and diabetes. Additionally, participants will explore the economic impact of implementation, positioning them to further explore the feasibility of implementing the model in their practice.

## **Building a Strong Foundation**

A critical component of thriving at work is remaining inspired to continue to carry out the mission and make strides toward the vision by ensuring the foundation is strong. Using the metaphor of a “foundation” – participants will explore principles and identify action steps for establishing a foundation that allows them to harness the power of their voices and to master their influence for positive and impactful outcomes.

# ~AGENDA~

## 17th Annual Chronic Disease Prevention Symposium Innovation in Action: Building Blocks for Comprehensive Chronic Care

### Friday, March 8, 2019

10:00 a.m. - 10:15 a.m.  
*ABC Ballroom*

Welcome  
**“The Building Blocks of Comprehensive Chronic Care”**  
**Shauna Hicks, MHS, CHES**  
*Director, Division of Diabetes and Heart Disease Management,  
South Carolina Department of Health and Environmental Control*

10:15 a.m. - 11:15 a.m.  
*ABC Ballroom*

**Plenary Session I**  
**“Hope, Fear & The Secret Life of Bees: It Takes Just One to Make an Impact”**  
**Eric Rowles, President & CEO**  
*Leading to Change*  
| Moderator: **Deitra M. Watson, PhD, MSN, APRN-BC, CCHP**

11:15 a.m. - 12:15 p.m.  
*ABC Ballroom*

**Plenary Session II**  
**“The Cinder Block: Implicit Bias”**  
**Scott Porter, MD, MBA, FACS, FAOA**  
*Vice President, Organizational Equity, Professor, Department of Orthopaedic  
Surgery, Prisma Health System - Upstate*  
| Moderator: **Jacqlyn Atkins, MPH, MCHES**

12:15 p.m. - 12:30 p.m.  
*(Hall of Fame, 1st Floor)*

**Break / Exhibits**

12:30 p.m. - 1:45 p.m.  
*Ballroom D*

**Awards Luncheon** — Moderator: **Gerald Wilson, MD**  
*South Carolina Medical Association,  
Chair, Diabetes Advisory Council of South Carolina*

2:00 p.m. - 3:00 p.m.  
*Room 202-204*

**Concurrent Session I**  
**“The Foundation: Implementing the 2019 Standards of Medical  
Care in Diabetes”**  
**Usah Lilavivat, MD**  
*2018 Hypertension Specialist of the Year, Board Chair, Diabetes Initiative of SC  
Internal Medicine, Carolina Diabetes & Kidney Center Sumter Medical Specialist*  
| Moderator: **Courtney Brightharp, MPH**

*Room 206-208*

**Concurrent Session II**  
**“Innovation in Action: Telehealth Think Tank”**  
**Anita Longan, MS, RDN, CDE, BC-ADM, HopeHealth Diabetes & Nutrition  
Mandy Floyd, RN, HopeHealth Diabetes & Nutrition Institute  
Kathy Rhoad, FACHE, Director of PR and Program Development, Palmetto Care  
Connections and Carolyn Session, HopeHealth, DSME Telehealth Participant**  
| Moderator: **Kristian Myers, MPH, CHES**

*Institute*

3:15 p.m. - 4:15 p.m.  
Room 202-204

**Concurrent Session III**

**“The Mortar: Improving Patient Outcomes Through Quality Improvement:  
A Case Study”**

**Patricia Wilson Witherspoon, MD, FAAFP, Associate Professor**

*Director of Community Outreach, Department of Family and Preventive Medicine,  
University of South Carolina School of Medicine*

| Moderator: **Ava Dean, BSN, MPH**

Room 206-208

**Concurrent Session IV**

**“Innovative Approaches to Making Community Clinical Linkages Work”**

**Michelle D. Stancil, RN, BSN, CDE**

*Manager, Diabetes Management, Prisma Health - Upstate*

| Moderator: **Emily Townsend, BS**

ABC Ballroom

**Concurrent Session V**

**“Taking a Team Based Approach to Implementing Hypertension Guidelines”**

**Daniel T. Lackland, DrPH, FACE, FAHA, FASH**

*Professor, Department of Biometry & Epidemiology,  
Medical University of South Carolina*

| Moderator: **Katherine Kovich Plunkett, MPH, LMSW, CHES**

4:30 p.m. - 5:30 p.m.  
ABC Ballroom

**Plenary Session III**

**“The Stumbling Block: Health Literacy”**

**Anne Marie Liebel, EdD**

*Health Communication Partners*

| Moderator: **Krystal Johnson, PhD, MA**

5:45 p.m. - 7:00 p.m.  
Ballroom D

**Networking Reception**

## Saturday, March 9, 2019

8:00 a.m. - 11:00 a.m.

**Symposium Registration**

7:15 a.m. - 8:15 a.m.  
Ballroom D

**Breakfast**

7:15 a.m. - 8:25 a.m.  
(Hall of Fame, 1st Floor)

**Exhibits**

8:30 a.m. - 9:30 a.m.  
ABC Ballroom

**Concurrent Session VI**

**“Nutrition: A Building Block for Chronic Disease Prevention”**

**Phyllis Allen, MS, RD, LD**

*Director, Division of Public Health Nutrition Practice and SNAP-Ed Program  
Bureau of Community Nutrition Services*

*South Carolina Department of Health and Environmental Control*

| Moderator: **Johnese Bostic**

Room 206-208	<p><b>Concurrent Session VII</b>  <b>“National Diabetes Prevention Program (NDPP) Demonstration Project: Increasing Clinical Referrals”</b>  <b>Leighton Norvell, MPH</b>, DTTAC Certified Lifestyle Coach  <b>Joshua W. Peake, MPH</b>, Prisma Health - Midlands, Office of Community Health  and <b>Kendell K. LeBray, MPH</b>, American Medical Association    Moderator: <b>Ava Dean, BSN, MPH</b></p>
Room 202-204	<p><b>Concurrent Session VIII</b>  <b>“Innovation in Action: Integrating Pharmacists into Primary Care (Think Tank)”</b>  <b>Patti Fabel, PharmD</b>  <i>Executive Director, Kennedy Pharmacy Innovation Center</i>  <i>Clinical Associate Professor</i>  <i>University of South Carolina</i>    Moderator: <b>Michelle Harris, MFA</b></p>
9:45 a.m. - 10:45 a.m. ABC Ballroom	<p><b>Concurrent Session IX</b>  <b>“Sickle Cell Disease: Old Discoveries, New Concepts, and Future Promise”</b>  <b>Alan Anderson, MD</b>  <i>Pediatric Hematologist, Oncologist</i>  <i>Prisma Health</i>    Moderator: <b>Diane Bolin, RN</b></p>
Room 202-204	<p><b>Concurrent Session X</b>  <b>“Making It Work: Chronic Health Conditions and the State Health Improvement Plan”</b>  <b>Michelle Harris, MFA</b>  <i>South Carolina Department of Health and Environmental Control</i>    Moderator: <b>Cameron Mason, MPH</b></p>
Room 206-208	<p><b>Concurrent Session XI</b>  <b>“Staying Compliant with DEA Regulation: Procedures for Handling Controlled Substances”</b>  <b>Debra K. Black</b>  <i>Diversion Group Supervisor</i>  <i>Drug Enforcement Agency, Columbia, SC</i>    Moderator: <b>Sandra Jeter, MSW, LISW-AP</b></p>
11:00 a.m. - Noon ABC Ballroom	<p><b>Plenary Session IV</b>  <b>“Building a Strong Foundation: Your Voice Matters”</b>  <b>Katrina Spigner-Hutchins, EdD</b>  <i>President &amp; CEO, Re-Source Solutions</i>    Moderator: <b>Shauna Hicks, MHS, CHES</b></p>
Noon - 12:15 p.m.	<p><b>Closing Remarks</b>  <b>Michele D. James, MSW</b>  <i>Innovations Program Manager</i>  <i>Division of Diabetes and Heart Disease Management</i>  <i>South Carolina Department of Health and Environmental Control</i></p>

# Chronic Disease Prevention Symposium Awards

## **Certified Diabetes Educator of the Year**

**Purpose:** This award recognizes a Certified Diabetes Educator who has made special contributions in the field of diabetes education by exhibiting dedication, innovation, and sensitivity in patient care, and has documented improvement in patient outcomes. This award recognizes the achievement of exceptional individuals who contribute to initiatives across teams within their organization and more broadly to the diabetes community, above and beyond their clinical duties. Nominees should be viewed as role models and highly regarded within the community of diabetes educators and should demonstrate exemplary innovations in patient education or diabetes care. These innovations should have an impact on a local and statewide level.

## **Diabetes Champion of the Year**

**Purpose:** This award recognizes an individual or organization for outstanding contributions to the care of people with diabetes and/or for improving systems of care for people with diabetes.

## **National Diabetes Prevention Program Lifestyle Change Coach of the Year**

**Purpose:** This award recognizes a Lifestyle Change Coach who has made special contributions in the field of diabetes prevention by exhibiting motivation, dedication, and innovation, in facilitating lifestyle change programs, and has documented improvement in participant outcomes. Nominees should be viewed as role models and highly regarded within the implementing organization.

## **Hypertension Champion of the Year**

**Purpose:** This award recognizes a Health Care Provider that has made significant improvements in quality care of patients diagnosed with hypertension.

## **National Diabetes Prevention Program (National DPP) of the Year**

**Purpose:** This award recognizes a National DPP Program who has made a special contribution to prevent type 2 diabetes in the state of South Carolina through consistent program retention, innovative recruitment strategies, and overall participant engagement.

*(Awards will be presented at the Awards Luncheon on Friday, March 08, 2019 at 12:30 p.m. in Ballroom D)*



## Disclosure Information

In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this education activity is required to disclose any relevant financial relationships with commercial interests in the health care industry.

Planning committee members, moderators, and presenters with **NO** relevant financial relationships.

## Symposium Planning Committee Members

Phyllis Allen, SC DHEC	Anna Johnson, SC DHEC
Lee Ansley, American Heart Assoc	Krystal Johnson, SC DHEC
Sandra Anderson, SC DHEC	Sharon Kelley, SC Medical Assoc
Jacqlyn Atkins, SC DHEC	Quintasha Knox, SC DHEC
Sara Fowler Braga, South University	Daniel Lackland, Medical University of SC
Felicia Greenlee Brown, SC DHEC	Suzette McClellan, SC DHEC
Ava Dean, BlueCross BlueShield of SC	Michelle Moody, SC DHEC
Cecily DiPiro, SC Pharmacy Assoc	Kristian Myers, SC DHEC
Barbara Wright Downs, DTAC	Katherine Plunkett, SC Primary Health Care Assoc
Malerie Hartsell, SC DHEC	Catherine Ramsey, American Heart Assoc
Shauna Hicks, SC DHEC	Teresa Robinson, SC DHEC
Rhonda Hill, SC DHEC	Michele Stanek, SC Office of Rural Health
Stephanie Hinton, SC DHEC	Necole Stinson, SC Medical Association
Michele James, SC DHEC	Deitra Watson, SC Department of Juvenile Justice
Sandra Jeter, Volunteer, Retired	Patricia Witherspoon, USC School of Medicine

## 2019 Symposium Exhibitors

- Booth 100** — American Cancer Society
- Booth 101** — Chronic Care Staffing
- Booth 102** — Diabetes Advisory Council of South Carolina (DAC)
- Booth 103** — SC Department of Health and Environmental Control
- Booth 104** — Forged Development
- Booth 105** — James R. Clark Memorial Sickle Cell Foundation
- Booth 106** — SC Alliance of YMCAs

*(Exhibitors will be located Hall of Fame, 1st Floor)*





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